

provided to the Employees Retirement  
boards of the Health Insurance Portability  
and Accountability Act (HIPAA) regarding  
disclosures about your information, or be

Employee/Retiree Name: First, MI, Last

Participant Name: First, MI, Last

Participant who completed the program

The Texas Employees Group Benefits Plan (TEGBP) provides health insurance to certain higher education employees, their spouses, and dependent children. Effective January 1, 2018, the plan will be subject to the Texas Insurance Code. Effective January 1, 2018, the plan will require ERS to implement a monthly tobacco surcharge. A "Tobacco Product" is defined as all types of tobacco, including smoking tobacco, snuff, dip, and all e-cigarette products. If you have used any tobacco product five or more times in the last 12 months, you are a tobacco-user or non-tobacco user change. Your tobacco surcharge premium will be adjusted accordingly.

If you are a tobacco-user and are unable to achieve or maintain a tobacco-free standard for a tobacco-user to meet to avoid the surcharge, you may be eligible for tobacco counseling.

Tobacco counseling is available for tobacco users who are unable to achieve or maintain a tobacco-free standard for a tobacco-user to meet to avoid the surcharge. Tobacco counseling sessions to be provided are limited to one session per year and are subject to the plan at no cost to you.

**Choose to Quit Certification Form**

and any tobacco use

waived for the

and any tobacco use

**Choose to Quit Physician Certification Form:**

**I certify that:**

- I am a licensed physician (M.D. or D.O.) who oversees the medical care of \_\_\_\_\_.  
Patient Name
- I am supervising the above-named individual's participation in the Choose to Quit program.
- My patient has satisfied the Choose to Quit program standards by attending at least two physician office visits  
My patient has satisfied the standards by establishing and maintaining a relationship with a primary care physician for \_\_\_\_\_ C \_\_\_\_\_ s. in M \_\_\_\_\_ ici

---

---

---

---

---

---

---

---

---

---

---